

# IEK WEEKLY NEWSLETTER

WEEK 3 | SEPTEMBER 2025



## TOP STORIES THIS WEEK

### IEK President on Citizen TV's AHP Discussion

IEK President, Eng. Shammah Kiteme, joined Citizen TV's Mwenge wa Kaunti segment on the AHP discussion

Full story on Page 2

### EiK Magazine - Issue 023 is Out Now!

This edition shines a spotlight on Food Engineering.

Full story on Page 11

### IEK South Rift Branch

IEK South Rift leadership engaged first-year engineering students in a Coffee Hour forum, inspiring and guiding them on their journey into the profession.

Full story on Page 3

### The Engineer's Corner

This Week's Feature Interview: Eng. Barbara Adoch, CEO of the Association of Consulting Engineers of Kenya (ACEK)

Full story on Page 11



# 32<sup>ND</sup> IEK INTERNATIONAL CONVENTION

Engineering the future: The Roadmap for Kenya

25<sup>th</sup> - 28<sup>th</sup> November 2025 | PridelInn Paradise Beach Resort & Spa, Mombasa County

# 05 DAYS

TO THE END OF EARLY BIRD REGISTRATION

DEADLINE EXTENDED TO 20<sup>TH</sup> SEPTEMBER 2025

[CLICK HERE TO REGISTER](#)

25 CPDs



### In this edition...

2	IEK President Eng. Shammah Kiteme Highlights IEK's Role in the Affordable Housing Programme
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Dear Member,

The IEK Weekly Newsletter offers a roundup of recent Institution of Engineers of Kenya (IEK) events and upcoming ones, activities by the various committees, and any upcoming developments that affect Engineers and the Built Environment.

This newsletter is a roundup of activities in the 3rd Week of September 2025 (IEK/NL/0156).

# 32ND IEK CONVENTION: IMPORTANT DEADLINES



# 32<sup>ND</sup> IEK INTERNATIONAL CONVENTION

**Engineering the future: The Roadmap for Kenya**

25th - 28th November 2025 | Pridelnn Paradise Beach Resort & Spa, Mombasa County

## Lipa Mapema!

**20<sup>TH</sup>  
SEPT  
2025**

**Early Bird  
Deadline**

**10<sup>TH</sup>  
NOV  
2025**

**Final Registration  
Deadline and  
Payment**

**Collection of Badges will begin  
from 3:00 PM to 6:00 PM on  
24th November 2025.**

### CONVENTION CHARGES

	IEK Member in good standing	IEK Member not in good standing*	Non-Members
<b>Physical Attendance</b>			
Early Registration (before 10th Sept)	Kshs. 55,000	Kshs. 60,000	Kshs. 60,000
Late Registration (after 10th Sept)	Kshs. 60,000	Kshs. 65,000	Kshs. 65,000
<b>Virtual Attendance</b>			
Early Registration (before 10th Sept)	Kshs. 15,000	Kshs. 20,000	Kshs. 20,000
Late Registration (after 10th Sept)	Kshs. 20,000	Kshs. 25,000	Kshs. 25,000

\* By the date of registering for the Convention

International Delegate

Physical Attendance USD550      Virtual Attendance USD250

Undergraduate student (Virtual Attendance)

Early Registration Kshs. 10,000

Scan to REGISTER



[convention.iekenya.org](http://convention.iekenya.org)

**CLICK HERE TO REGISTER**



**MIAKA 3 YA RUTO: NYUMBA ZA SERIKALI**

**WANALIPA FEDHA KIDOGO ILI KUMILIKI KIKAMILIFU NYUMBA HIZO**

SEMA NA CITIZEN MASHIRIKA YATISHIA KWENDA MAHAKAMANI KUZUIA MIRADI HIYO



11:18 AM

## IEK President Eng. Shammah Kiteme Highlights IEK's Role in the Affordable Housing Programme

**Tuesday, 9<sup>th</sup> September 2025**

**T**he President of the IEK, Eng. Shammah Kiteme, featured on *Mwenge wa Kaunti* on Citizen TV in a special discussion themed:

“Miaka 3 ya Ruto: Nyumba za Serikali.”

The programme reviewed the progress of the Government's Affordable Housing Programme (AHP) three years into President William Ruto's administration. Other panelists included beneficiaries and stakeholders directly involved in the housing agenda.

Representing the engineering fraternity, Eng. Kiteme underscored IEK's commitment to advancing sustainable and quality housing solutions in Kenya. He highlighted IEK's role in:

- Providing technical expertise in the planning, design, and implementation of affordable housing projects.
- Championing engineering standards to ensure durability, safety, and cost-effectiveness in construction.

- Fostering partnerships between engineers, government, and private sector players to accelerate delivery of housing units.
- Capacity building for engineers to align with emerging trends in urban development and affordable housing.

Eng. Kiteme emphasized that engineers are at the center of turning policy into tangible outcomes, ensuring that the Affordable Housing Programme not only delivers homes but also creates jobs, promotes innovation, and builds sustainable communities.

**WATCH PART 1 ON YOUTUBE**

**WATCH PART 2 ON YOUTUBE**

**WATCH PART 3 ON YOUTUBE**



## IEK South Rift Leaders Engage First-Year Engineering Students at Egerton University

Friday, 12<sup>th</sup> September 2025

**I**EK South Rift Branch Chairperson, Eng. Collins Changole and 1st Vice Chairperson, Eng. John Karanja, participated in a Coffee Hour event - hosted for first-year engineering students at Egerton University at the invitation of Eng. Kennedy Okuku, a committee member of IEK South Rift and a lecturer at the university. The interactive forum aimed to mentor, inspire, and guide the newly admitted students as they embark on their engineering journey.

In his remarks, Eng. Changole emphasized the pivotal role that IEK plays in an engineer's professional development from student life, through practice, to career advancement. He reaffirmed IEK's commitment to supporting student-led initiatives through mentorship, networking and industry exposure.

The Egerton Engineering Students Association (EESA) extended their gratitude to IEK for its continuous support and dedication to nurturing the -

all-rounded growth of future engineers.

### Pictorials



# IEK South Rift Leaders Engage First-Year Engineering Students at Egerton University

Friday, 12<sup>th</sup> September 2025

## Pictorials





## IEK Supports Study on Nature-Aligned Engineering for Coastal Infrastructure

Friday, 12<sup>th</sup> September 2025

**T**he IEK partnered with Moi University in advancing research on nature-Aligned Engineering for the development of sustainable coastal infrastructure. The engagement took place at Pridelnn Paradise Hotel in Mombasa, bringing together academia, practitioners, and policymakers to explore innovative approaches that integrate ecological principles into engineering solutions.

IEK President, Eng. Shammah Kiteme, participated in the event, reaffirming the Institution's commitment to sustainable infrastructure that not only meets Kenya's development needs but also protects fragile coastal ecosystems. The collaboration highlights the vital role of engineers in safeguarding communities against climate risks such as sea-level rise, erosion, and flooding.





## IEK Strengthens Partnership with KCB to Support the Construction Sector

Thursday, 11<sup>th</sup> September 2025

**T**he IEK is deepening its collaborations with leading institutions in Kenya as part of its mandate to strengthen professionalism and innovation in the engineering sector. In this spirit, IEK recently paid a courtesy visit to Kenya Commercial Bank (KCB), where discussions centered on joint initiatives to support the construction industry and empower engineers across the country.

Representing IEK were CEO Eng. Maureen Auka and Policy, Research and Partnerships (PRP) Manager Mr. Joseph Alot, who engaged KCB's leadership on areas of partnership. KCB expressed appreciation for the valuable engagement and noted that there is significant potential for collaboration in supporting Kenya's infrastructure growth and the broader built environment.

During the meeting, IEK discussed the Site Inspection Handbook, a practical guide developed to address gaps in quality assurance, safety, and compliance on -

construction sites.

This publication underscores IEK's proactive role in providing resources that not only support engineers but also help contractors, regulators, and financiers safeguard investments in infrastructure projects.

The IEK team also highlighted preparations for the upcoming 32nd IEK International Convention, scheduled for 25 -28 November 2025. This flagship event is expected to bring together thousands of engineers, policymakers, industry leaders, and partners to deliberate on the future of engineering in Kenya and beyond. With its theme focused on sustainable and resilient infrastructure, the Convention provides a strategic opportunity for partners such as KCB to engage with stakeholders, showcase innovations, and contribute to shaping the sector's future.

# THE SITE INSPECTION HANDBOOK IS NOW AVAILABLE



## THE SITE INSPECTION HANDBOOK

The site inspection handbook standardizes and strengthens the way site inspections are carried out across the country. Its also aimed at improving engineering project oversight and ensuring adherence to best practices.



**Paybill: 976295**  
**Account: SIH**

**Standard Chartered Bank**

**Account Name:** INSTITUTION OF ENGINEERS OF KENYA

**Account Number:**  
0102024134900

**Pick up point:**  
IEK offices, Top Plaza  
Kindaruma Road

**Delivery:**  
Ranges from Ksh.500-  
1,000 depending on  
weight and location



## Webinar on Affordable Housing Programme Highlights Opportunities for Engineers

Thursday, 11<sup>th</sup> September 2025

**T**he IEK hosted a webinar where the Affordable Housing Taskforce, shared insights on the Affordable Housing Programme (AHP).

The presentation covered the legal framework, implementation status, challenges, and, most importantly, the opportunities available for engineers.

Anchored on the Affordable Housing Act 2024, the programme has already seen progress with 3,171 units completed, 196,582 units under construction, and 199,413 units in the planning pipeline across 43 counties. Beyond housing delivery, the programme has created over 320,000 jobs, with projections of more than 1 million lifecycle jobs nationwide.

However, challenges such as land acquisition hurdles, bureaucratic delays, weak supervision, lowest-bid contractor selections, and safety compliance gaps remain. Engineers were urged to play a proactive role in overcoming these hurdles through professional oversight, ethical practice, and

adoption of digital technologies like BIM, drones, and e-inspections.

The AHP also presents significant opportunities for engineers in areas such as:

- Design & Planning – structural, civil, mechanical, electrical, and environmental services
- Project Supervision & Management – ensuring quality and timely delivery
- Geotechnical & Environmental Surveys – supporting sustainable development
- Capacity Building – training interns and embedding sustainable practices

Notably, the government has rolled out a Graduate Engineers Internship Programme, beginning with 4,000 paid placements in 2025, expanding to 7,000, with emphasis on inclusivity of women, youth, and PWDs.

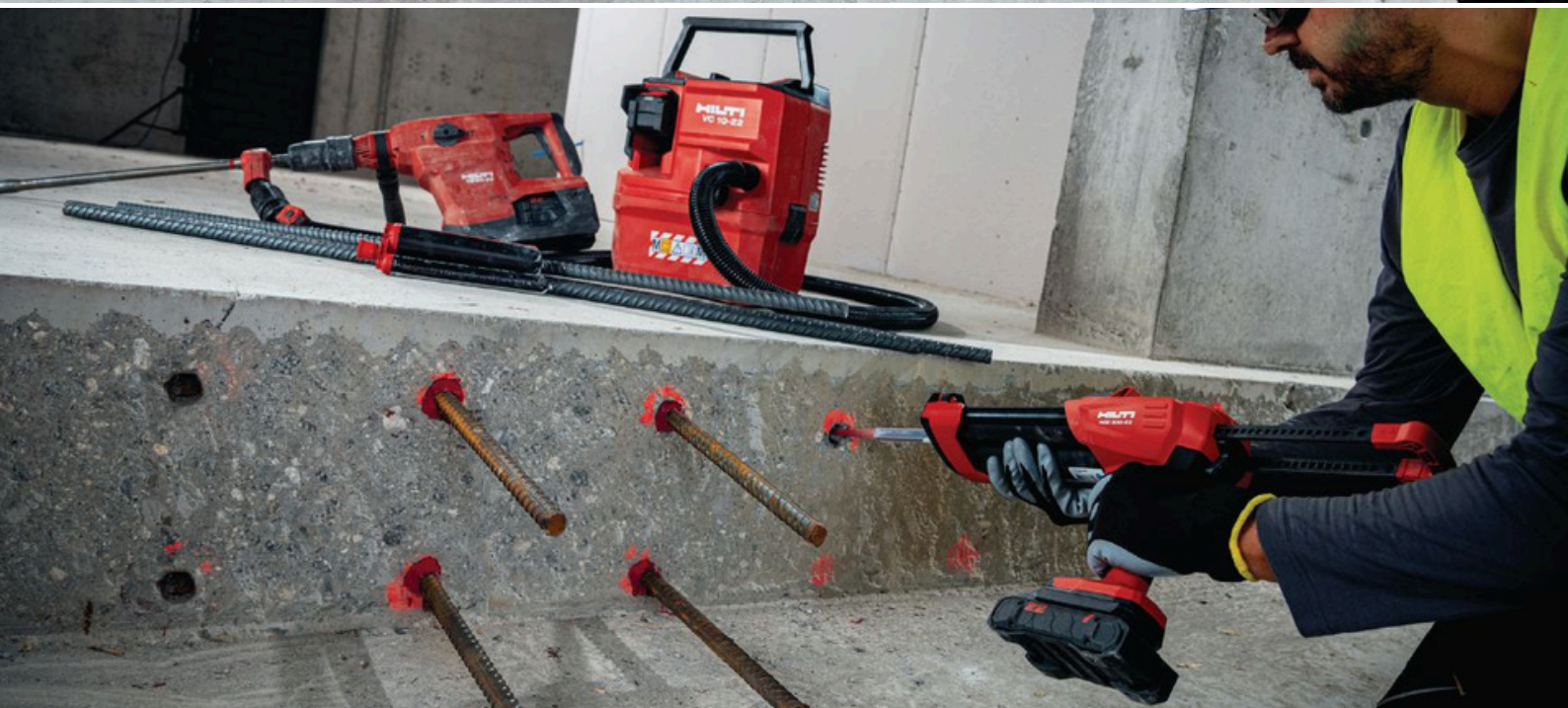
IEK members were called upon to seize these opportunities and position themselves at the forefront of Kenya's housing transformation.

# ADVERTISEMENT



## HDE 500-22

Cordless adhesive dispenser  
Volume Calculator





## Food Engineering in Focus: Engineering in Kenya Magazine - Issue 023

Tuesday, 9<sup>th</sup> September 2025

The 23rd edition of Engineering in Kenya spotlights Food Engineering – a discipline at the intersection of engineering innovation – food science, and consumer safety. As Kenya continues to expand its agro-processing and manufacturing sectors, the role of engineers in ensuring efficiency, safety, and sustainability in food production has never been more critical. Food engineering covers a wide range of applications: designing advanced food processing equipment, developing automation systems for large-scale production, enhancing food packaging technologies, and applying energy-efficient solutions in manufacturing plants. Behind every bottle on a supermarket shelf or pack of processed foods lies a chain of engineering ingenuity that guarantees quality and reliability. This issue explores how Kenyan engineers are leading change in:

- Automation & Robotics – enabling precision, speed, and cost efficiency in food processing lines.
- Food Safety Engineering – ensuring compliance with global health standards through improved systems for hygiene and contamination control.
- Sustainable Practices – reducing waste, conserving energy, and introducing circular economy approaches in agro-industrial processes.
- Innovation in Packaging – developing solutions that extend shelf life while reducing environmental impact.

With Kenya positioning itself as a regional hub for agro-processing, food engineers are at the frontline of turning local agricultural produce into competitive global products.

[CLICK HERE TO GET YOUR COPY](#)

## The Engineer's Corner

### Eng. Barbara Adhoch - CEO of ACEK

Friday, 12<sup>th</sup> September 2025



#### 1. Share a little about yourself beyond your engineering career.

I am a multifaceted being wholly consumed with ensuring centered approach to life, taking cognizance of God and Family as the center of my life ensuring everything else shapes itself around that. I am a mother of two, a kind human, a great friend a tenacious friend and someone passionate about development of the Country and keen to ensure we can make a difference for the Youth and generation, very amenable human.

#### 2. What first drew you to engineering, and who or what influenced your decision?

The decision was impromptu, in terms of trying to align my course to my results and highly influenced by my uncle, I was more inclined towards medicine, to be a surgeon. However, in 2008, Kenya's construction sector was the AI of the period. The sector was thriving offered stronger opportunities. His guidance ultimately shaped my decision to pursue it

#### 3. Looking back, what was the most defining moment at the start of your career?

I view my career through two lenses: leadership and engineering. My first job after university was as a graduate trainee at LOG Associates, pursuing projects aligned with socio-economic engineering. I learnt how to properly

structure a report while, and not only that, when still a Graduate Engineering Trainee I was given roles where I show up in meetings and say a word or two. I believe not only was confidence instilled in me which helped to date but report writing is such a critical skill and I am glad to have grasped that early on. Later, at my third workplace at Batch Associates Ltd, the then, ACEK Chairman introduced me to ACEK and its Future Leaders program. I joined the forum, over time I volunteered for an FL subcommittee which then translated to joining an ACEK Committee and serving as an ACEK FL Vice Chair and all this opened the doors to my current role as the ACEK CEO.

#### 4. If you hadn't pursued engineering, what other career path would you have chosen?

My clear interest was in medicine, specifically neurosurgery. If I had another option, I would have chosen psychiatry, as I have always been curious about how the human brain works.

#### 5. Is there any guidance you wish you had received when you were starting out in engineering?

Get your mentors early; they provide guidance, perspective you may not see on your own. Beyond that, focus on polishing your soft skills especially communication. The technical skills are able to get you into the game but the soft skills and having a bit of emotional intelligence keep you in the game. Also learn to connect with people and build strategic relationships.

#### 6. Share your very first engineering project or assignment how you approached it, how it made you feel, and whether it influenced your journey in any way.

My first engineering related assignment was assisting A Siting Study to Identify Sites for Disposal of Solid Waste in Kisumu. A key takeaway from this was how infrastructure projects involve different stakeholders and before taking up anything you have to consult, discuss, inform and it's not necessarily that what you

## The Engineer's Corner

### Eng. Barbara Adhoch - CEO of ACEK

Friday, 12<sup>th</sup> September 2025

deem is good has to be palatable to everyone. We had sites that were knocked out simple because of administrative boundaries or a lack of proper sensitization of the community.

#### **7. Every career has obstacles kindly share one challenge that left a lasting impact on you.**

I have had a career that has a lot of challenges along the way. I would compare it to a project where the Client's vision is constantly shifting, the budget is tight from day one. Its constant exercise in problem-solving and compromise. What I have learned is it's not just about engineering; it is about communication. I learned that you have to be a great listener and a straight talker. I have learnt to build trust, to manage expectations, and to stand firm on what's technically sound. My current role taught me that sometimes, the most complex systems you have to engineer aren't civil; they're human relationships

#### **8. From your media conversation on women in engineering and inspiring girls in STEM, what key lessons can help break barriers and create opportunities for the next generation?**

Engineering is a field that's not viewed as one for women and it's a narrative that as much as numbers are shifting, keeps sticking out now and again. I suppose the idea that infrastructure projects can sometimes take you to distant locations, often away from home and you end up at a juncture having to choose between one or the other That can be a significant challenge, as it requires balancing professional demands with personal responsibilities. However, this can be managed with the right support system and having policies in place that ensure there is minimal attrition of women who are pursuing the career.

#### **9. What advice would you give to young engineers aspiring to join the profession today?**

Be humble. Always be curious for knowledge and upskill. Additionally, learn to consult and ask questions.

#### **10. What's the last book you read or podcast you listened to that you really enjoyed? (or currently).**

I am currently reading My Life in Full, a memoir by Indra Nooyi, former CEO of PepsiCo, detailing her journey from childhood in India to leading a Fortune 50 company, a lot of learning lessons in the book.

The last podcast I listened to was Think Fast, Talk Smart, which focuses on helping people improve and understand effective communication and negotiation skills.

#### **11. If you had to eat one dish every day for a week, what would it be?**

Chicken. Mon (Fried), Tue (Stir-fried), Wed (KFC), Thurs (Stewed), Fri (add some Irish potatoes), Sat (Boiled), Sun (Grilled).

#### **12. Did you play any sports in high school? If yes, which sport and position and how good were you at it?**

Of course, yes! I was actively involved in sports, but majored in basketball and excelled to the point of becoming team captain in Form 3 while also serving as sports prefect. I served as a point guard. I also played tennis. Actually, at some point, many thought basketball, would become my career. I recently took up football, where I played as a defender in the number 5 position, until in 2024 where a bad tackle led to an ACL and meniscal tear and I am out. I still maintain an active lifestyle, hiking a lot and I am back to running. Soon enough I'll definitely play paddle, crown this joke of millenials' midlife crisis.

#### **13. If one day you were asked to summarize your engineering journey in one word or phrase, what would it be?**

Resilience.

Theodore Roosevelt quote "The credit belongs to the person in the arena whose face is marred with sweat, dust and blood who strives valiantly and comes up short again and again and in the end may know the triumph of high achievement and who when he fails he does so daring greatly."

# SAVE THE DATE: 32<sup>ND</sup> IEK INTERNATIONAL CONVENTION



## SAVE <sup>THE</sup> DATE

# 32<sup>ND</sup> IEK INTERNATIONAL CONVENTION

### CONVENTION CHARGES

	IEK Member in good standing	IEK Member not in good standing*	Non-Members
<b>Physical Attendance</b>			
<b>Early Registration</b> (before 10th Sept)	Kshs. 55,000	Kshs. 60,000	Kshs. 60,000
<b>Late Registration</b> (after 10th Sept)	Kshs. 60,000	Kshs. 65,000	Kshs. 65,000
<b>Virtual Attendance</b>			
<b>Early Registration</b> (before 10th Sept)	Kshs. 15,000	Kshs. 20,000	Kshs. 20,000
<b>Late Registration</b> (after 10th Sept)	Kshs. 20,000	Kshs. 25,000	Kshs. 25,000

\* By the date of registering for the Convention

	Physical Attendance	Virtual Attendance
<b>International Delegate</b>	USD550	USD250

<b>Undergraduate student (Virtual Attendance)</b>	<b>Early Registration</b> Kshs. 10,000
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### THEME:

**Engineering the future:  
The Roadmap for Kenya**

**25th - 28th November 2025**

**Mombasa County, Kenya**



[convention.iekenya.org](http://convention.iekenya.org)

**CLICK HERE TO REGISTER**

## UPCOMING EVENTS



# INDUSTRIAL VISIT TO THE ACTOM KENYA PLANT

DATE: 26<sup>TH</sup> SEPTEMBER 2025  
TIME: 10 AM - 12 PM

### ABOUT ACTOM KENYA

ACTOM Kenya specializes in the design, manufacture, supply, installation, testing, commissioning, maintenance and repair of electro-mechanical equipment within the Low Voltage and Medium Voltage ranges.

### CHARGES

Members - Ksh 1,500

Non-members - Ksh 2,000

Limited to 35 slots

4  
CPDs

[CLICK HERE TO REGISTER](#)

## UPCOMING EVENTS

29TH - 30TH SEPTEMBER 2025



**TRAINING**  
**SMART FINANCIAL MANAGEMENT STRATEGIES FOR ENGINEERING SUCCESS**

Date: 29th - 30th September 2025  
Venue: Hybrid (Taita Hills Safari Resort and Spa/Virtual)

**CHARGES:**  
Physical Attendance **Ksh 25,000**  
Virtual Attendance **Ksh 10,000**

**8 CPDs**

Target Audience:  
All Engineering Professionals

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## SMART FINANCIAL MANAGEMENT STRATEGIES FOR ENGINEERS

**Venue:** Hybrid (Taita Hills Safari Resort & Spa / Virtual)

**Charges:**

- Physical Attendance – Ksh. 25,000
- Virtual Attendance – Ksh. 10,000

[CLICK HERE TO REGISTER](#)

30TH SEPTEMBER 2025



**WEBINAR**  
**SENSITIZATION: HOW TO ADOPT A STUDENT/GRADUATE ENGINEER (GE) TO ATTEND THE**

**32<sup>ND</sup> IEK INTERNATIONAL CONVENTION** | **4<sup>TH</sup> FUTURE LEADERS SUMMIT**

25th to 28th November 2025 | Pride Inn Paradise Beach Resort and Spa, Mombasa County.

**30th September 2025**  
**4:00-5:00pm**

[CLICK HERE TO REGISTER](#)

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## ADOPT STUDENT/GRADUATE ENGINEER (GE) - WEBINAR

Discover how you can adopt a Student/Graduate Engineer (GE) and support their participation in the 32nd IEK International Convention & 4th Future Leaders Summit.

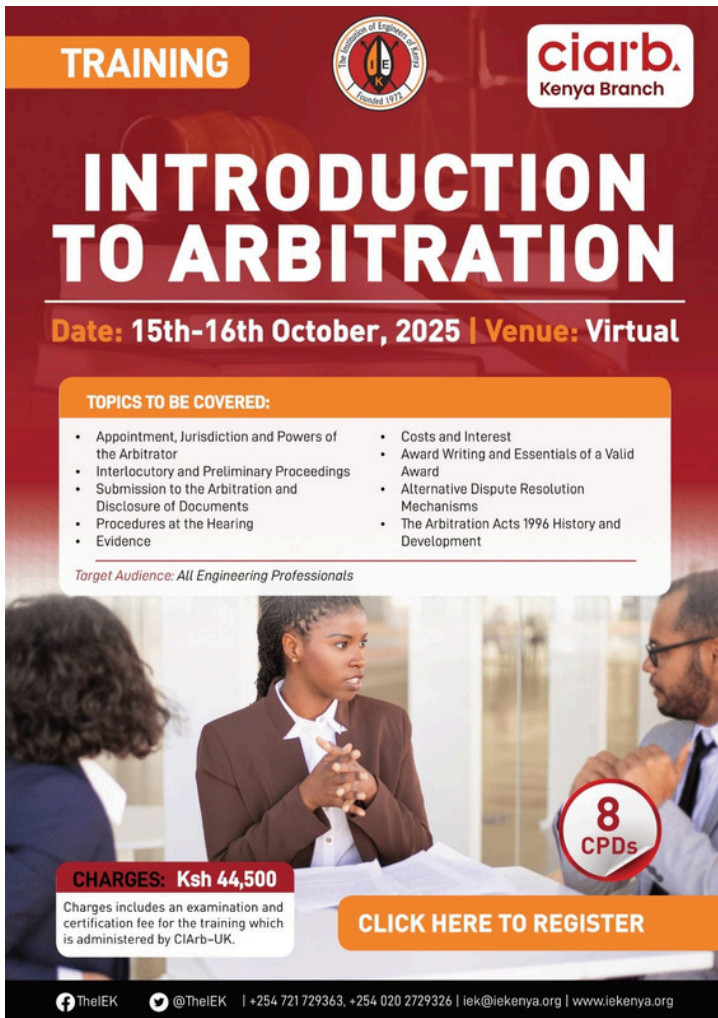
**Date:** 30th September 2025

**Time:** 4:00 – 5:00 PM



[CLICK HERE TO REGISTER](#)

## UPCOMING EVENTS

15TH - 16TH OCTOBER 2025



**TRAINING**




# INTRODUCTION TO ARBITRATION

**Date:** 15th-16th October, 2025 | **Venue:** Virtual

**TOPICS TO BE COVERED:**

- Appointment, Jurisdiction and Powers of the Arbitrator
- Interlocutory and Preliminary Proceedings
- Submission to the Arbitration and Disclosure of Documents
- Procedures at the Hearing and Evidence
- Costs and Interest
- Award Writing and Essentials of a Valid Award
- Alternative Dispute Resolution Mechanisms
- The Arbitration Acts 1996 History and Development

*Target Audience: All Engineering Professionals*



**8 CPDs**

**CHARGES: Ksh 44,500**  
Charges includes an examination and certification fee for the training which is administered by CIARB-UK.

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## INTRODUCTION TO ARBITRATION

**Venue:** Hybrid (Taita Hills Safari Resort & Spa / Virtual)

**CPD Points:** 4

**Charges:**

Ksh 44,500 (inclusive of exam & certification by CIARB-UK)

[CLICK HERE TO REGISTER](#)

27TH - 31ST OCTOBER 2025



**TRAINING**



# PUBLIC PRIVATE PARTNERSHIP FOR CRITICAL INFRASTRUCTURE PROJECTS TRAINING

**27th-31st Oct, 2025 | Lake Naivasha Resort**

**Why Register**

1. **Gain Expertise in PPPs:** Learn from industry leaders about structuring and managing successful Public Private Partnership projects.
2. **Understand Legal Frameworks:** Stay updated on the latest legal and regulatory considerations in PPPs.
3. **Discover Best Practices:** Explore case studies of PPP projects and understand strategies for effective implementation.
4. **Expand Your Network**
5. **Earn Continuous Professional Development Points (CPDs).**

**Target Audience:**  
Engineers, Architects, Urban Planners, Project Managers, Government Officials, Investors, Financial Analysts, Legal Professionals, and other stakeholders involved in infrastructure development and the built environment.

**CHARGES:**  
Members - Ksh 75,000  
Non-members - Ksh 80,000

**18 CPDs**

[CLICK HERE TO REGISTER](#)

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## PUBLIC PRIVATE PARTNERSHIP (PPP) TRAINING

**Date:** 27th - 31st october 2025

**Venue:** Lake Naivasha Resort

**Charges:**

- IEK Members – KES 75,000
- Non-members – KES 80,000

[CLICK HERE TO REGISTER](#)

## UPCOMING EVENTS

9TH OCTOBER 2025



**HILTI**

WEBINAR

### CONCRETE OVERLAY AND STRENGTHENING

9TH OCTOBER, 2025

CHARGES:

Members: Ksh. 500

Non-Members: Ksh 1,000

4  
CPDs

Benefits:

1. Free access to Hilti Profis Engineering
2. Get CPD points
3. Training on design of approved structural rehabilitation
4. Be familiar with the latest design approaches to rehabilitation based on codes and reports

MORNING SESSION  
9:00 AM - 11:00 AM

AFTERNOON SESSION  
4:00 - 6:00 P.M

Participants can only attend either morning or afternoon session and not both

CLICK HERE TO REGISTER  
FOR MORNING SESSION

CLICK HERE TO REGISTER  
FOR AFTERNOON SESSION

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## CONCRETE OVERLAY AND STRENGTHENING WEBINAR

Date: 9<sup>th</sup> October 2025

Charges:

- Members: Ksh 500
- Non-members: Ksh 1,000

CLICK HERE TO REGISTER: MORNING

CLICK HERE TO REGISTER: AFTERNOON

1ST - 5TH DECEMBER 2025



**PROJECT MANAGEMENT PROFESSIONAL (PMP®) TRAINING (VIRTUAL)**

18  
CPDs

Acquiring International Project Management Certification- Upskilling and Reskilling Engineers for Career Progression

1<sup>ST</sup>-5<sup>TH</sup> DECEMBER, 2025 | 8.00AM - 5.00PM

CHARGES: MEMBER-KSH 32,000  
NON-MEMBER-KSH 35,000

Engineering professionals in the built environment, Project Managers, Team Leads, Construction Managers

CLICK HERE TO REGISTER

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## PROJECT MANAGEMENT PROFESSIONAL (PMP®) TRAINING

Date: 1<sup>st</sup> December to 5<sup>th</sup> December 2025

Charges:

- IEK Members – KES 32,000
- Non-members – KES 35,000

CLICK HERE TO REGISTER

# IEK GREEN BUILDINGS TRAINING



**TRAINING**

# GREEN BUILDINGS

Principles and importance of green buildings, sustainability, energy efficiency, environmental impact and renewable energy integration.

**CHARGES:**

Members	<b>Ksh 90,000</b>
Non-Members	<b>Ksh 95,000</b>

**Date:** 15<sup>th</sup>-19<sup>th</sup> December, 2025  
**Venue:** Pride Inn Hotel Diani, Ukunda

**Target Audience:**  
All engineering Professionals in the built environment

**18**  
CPDs

**CLICK HERE TO REGISTER**

# APPLY FOR FORMAL APPLICATION LETTER: 32<sup>ND</sup> IEK CONVENTION



## 32<sup>ND</sup> IEK INTERNATIONAL CONVENTION



### APPLY FOR FORMAL INVITATION LETTER

The Institution of Engineers of Kenya (IEK) cordially invites you to the 32nd International Convention, taking place from **25th to 28th November 2025** at **PrideInn Paradise Beach Resort & Spa, Mombasa County, Kenya**, under the theme: *"Engineering the Future: The Roadmap for Kenya."*

We recognize that in formal settings, a formal invitation letter is often required before approval to attend can be granted.

To make this process seamless, IEK has provided an easy channel for you:

1.

Complete the Request Form with your details.

2.

Receive a formal invitation letter on official IEK letterhead, together with an official invoice.

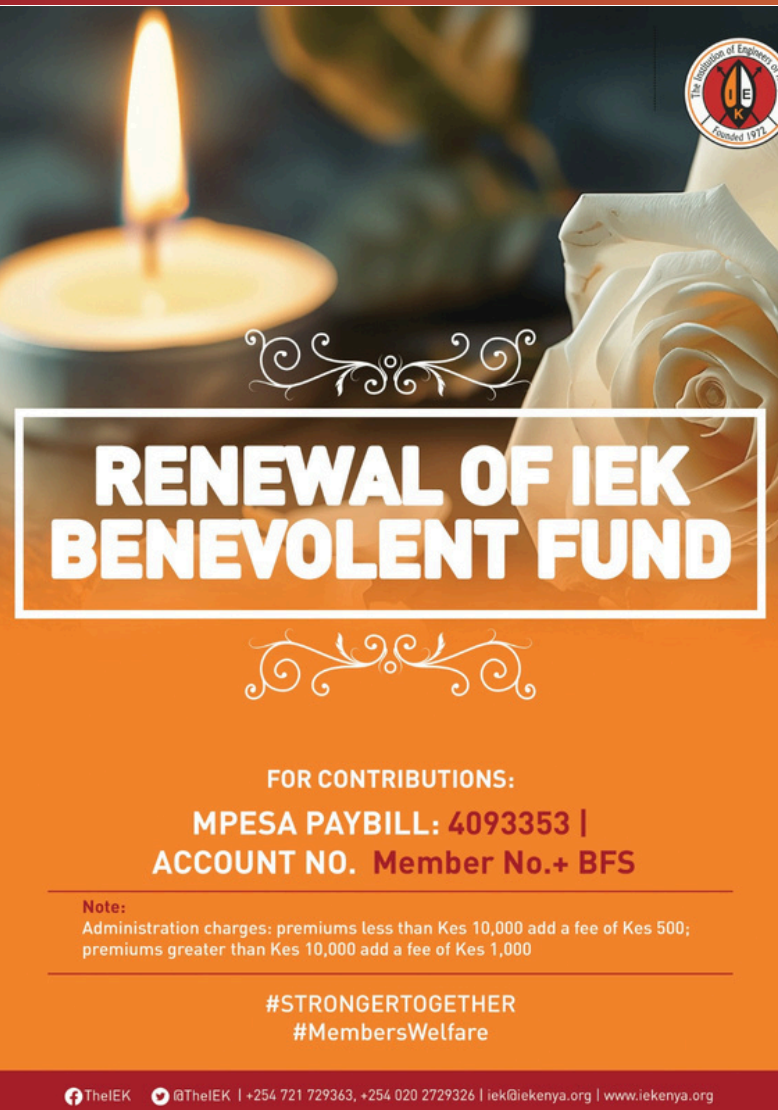
3.


Present the documents to the relevant department in your organization for clearance.

**Apply Now for Your Formal Invitation Letter**

Please note: This application is strictly for IEK Members ONLY

# IMPORTANT UPDATES





## RENEWAL OF IEK BENEVOLENT FUND

FOR CONTRIBUTIONS:  
**MPESA PAYBILL: 4093353 |**  
**ACCOUNT NO. Member No.+ BFS**

Note:  
Administration charges: premiums less than Kes 10,000 add a fee of Kes 500; premiums greater than Kes 10,000 add a fee of Kes 1,000

#STRONGERTOGETHER  
#MembersWelfare

TheIEK @TheIEK | +254 721 729363, +254 020 2729326 | iek@iekenya.org | www.iekenya.org

### OBJECTIVES OF THE FUND

- a. Pay a token of last expenses of deceased members/ or their families.
- b. Supplement last expense budgets.
- c. Assist with financial needs associated with the loss of life.
- d. Contribute to member's wellbeing during demise or loss of dependents.

### FUND COVERS

- i. Principal IEK member
- ii. Spouse(s)
- iii. Children
- iv. Parents and Parents in Law of the member

### PREMIUM RATES (PER FAMILY)

The applicable rates of premium (2024/25) per benefit option are detailed below:

Category Main Package	Option 1	Option 2	Option 3	Option 4	Option 5	Option 6	Option 7
Principal Member	50,000	100,000	150,000	200,000	300,000	400,000	500,000
Spouses (Max 1 per member)	50,000	100,000	150,000	200,000	300,000	400,000	500,000
Children (Max 4 per member)	50,000	100,000	100,000	200,000	200,000	200,000	200,000
Parents & Parents in Law (Max 4 per member)	50,000	100,000	150,000	150,000	150,000	150,000	150,000
Renewal Annual Premium per Family	2,100	4,200	6,300	7,700	11,200	14,560	16,800
Parents & Parents in law - Age 81 to 90 Years	1,820	3,220	5,880	5,880	5,880	5,880	5,880
Additional Premium per Child (KES)	350	700	700	1,400	1,400	1,400	1,400
Individual Principal Members - Age 21- 50 years	420	700	1,050	1,680	2,520	3,920	5,600
Principal Members - Age 71 to 80 Years	1,680	3,080	5,740	5,740	5,740	5,740	5,740

Note:

- Administration charges: premiums less than Kes 10,000 add a fee of Kes 500; premiums greater than Kes 10,000 add a fee of Kes 1,000

FOR CONTRIBUTIONS:  
**MPESA PAYBILL: 4093353 | ACCOUNT NO. Member No.+ BFS**

**NEW MEMBERS CLICK HERE TO REGISTER FOR BENEVOLENT FUND**

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The IEK invites new members to join the Benevolent Fund Scheme (BFS) for the 2024/25 period. By enrolling, you contribute to our community's dedication to mutual care and resilience

**CLICK HERE TO REGISTER FOR BENEVOLENT FUND**

# IMPORTANT UPDATES



## Join MHANDISI MSINGI MEDICARE SCHEME

### JUBILEE MEDICAL INSURANCE RATES

Limits	M	M+1	M+2	M+3	M+4	M+5	M+6	M+7	M+8
Inpatient 750,000 Outpatient 100,000 Maternity 75,000	47,296	70,945	89,863	108,781	127,670	146,619	165,538	184,456	203,375
Inpatient 500,000 Outpatient 50,000 Maternity 75,000	27,178	46,665	54,363	62,507	70,660	78,813	86,968	95,121	
Inpatient 300,000 Outpatient 40,000 Maternity 50,000	19,155	34,261	40,309	46,353	52,404	58,451	64,498	70,546	
Inpatient 200,000 Outpatient 30,000 Maternity 40,000	17,097	29,064	34,192	39,421	44,450				
Inpatient 100,000 Outpatient 25,000 Maternity 30,000	15,848	26,940	31,694	36,448					
<b>Dental Limits</b>	<b>M</b>	<b>M+1</b>	<b>M+2</b>	<b>M+3</b>	<b>M+4</b>	<b>M+5</b>	<b>M+6</b>	<b>M+7</b>	<b>M+8</b>
10,000	3,027	4,541	5,752	6,963	8,173	9,384	10,595	11,806	13,017
7,500	1,406	2,109	2,671	3,234	3,796	4,559			
5,000	1,181	1,772	2,244	2,716	3,189	3,661			
<b>Optical Limits</b>	<b>M</b>	<b>M+1</b>	<b>M+2</b>	<b>M+3</b>	<b>M+4</b>	<b>M+5</b>	<b>M+6</b>	<b>M+7</b>	<b>M+8</b>
10,000	3,216	4,825	6,111	7,398	8,684	9,971	11,258	12,544	13,831
7,500	1,631	2,247	3,099	3,751	4,404	5,056			
5,000	1,294	1,941	2,459	2,976	3,494	4,011			

### PAYMENT DETAILS:

Mpesa Pay bill: **4093353**

A/c no is: **IEK Member No JUBILEE e.g M.1000JUBILEE**

[CLICK HERE FOR MORE INFORMATION](#)

[CLICK HERE TO JOIN](#)

### CONTACT:

MEGA HEALTH INSURANCE BROKERS  
Carol Kwaye **0722 380529** OR Virginia Ndanu **0112 494516**

# IMPORTANT UPDATES



## AAR MEDICAL INSURANCE RATES

INPATIENT	M+0	M+1	M+2	M+3	M+4	M+5	M+6
10,000,000	58,339	91,740	111,106	125,194	136,490	145,982	155,475
7,000,000	52,931	82,666	100,626	113,718	124,233	133,088	141,943
5,000,000	48,933	75,957	92,880	105,235	115,175	123,558	131,942
3,000,000	38,592	61,998	77,229	88,397	97,410	105,038	112,667
2,000,000	35,657	57,312	71,770	82,394	90,985	98,267	105,549
1,000,000	31,503	51,046	64,581	74,568	82,662	89,541	96,421
OUTPATIENT	M+0	M+1	M+2	M+3	M+4	M+5	M+6
250,000	66,470	105,123	134,441	163,375	192,314	221,252	250,000
200,000	61,709	97,205	122,462	147,339	172,217	200,000	200,000
150,000	56,949	89,286	110,484	131,302	150,000	150,000	150,000
100,000	52,189	81,365	100,000	100,000	100,000	100,000	100,000
100,000	52,189	81,365	100,000	100,000	100,000	100,000	100,000
100,000	52,189	81,365	100,000	100,000	100,000	100,000	100,000

### PAYMENT DETAILS:

Mpesa Pay bill: **4093353**

A/c no is: **IEK Member No AAR e.g M.1000AAR**

*A co-pay of 1,000 will be applicable to tier 1 providers on outpatient.*

*Inpatient cases to tier 1 providers will be subject to referral.*

[CLICK HERE FOR MORE INFORMATION](#)

[CLICK HERE TO JOIN](#)

### CONTACT:

Bethel Misimi **0722 867 996** OR Esther Oloo **0722 287 396**

## IMPORTANT UPDATES



# MENTAL HEALTH SUPPORT



**Toll Free Hotline 1199** for free 24/7 tele-therapy/counselling and psychosocial support



**Chat-Care (free)**

<https://www.facebook.com/RedCrossKE>



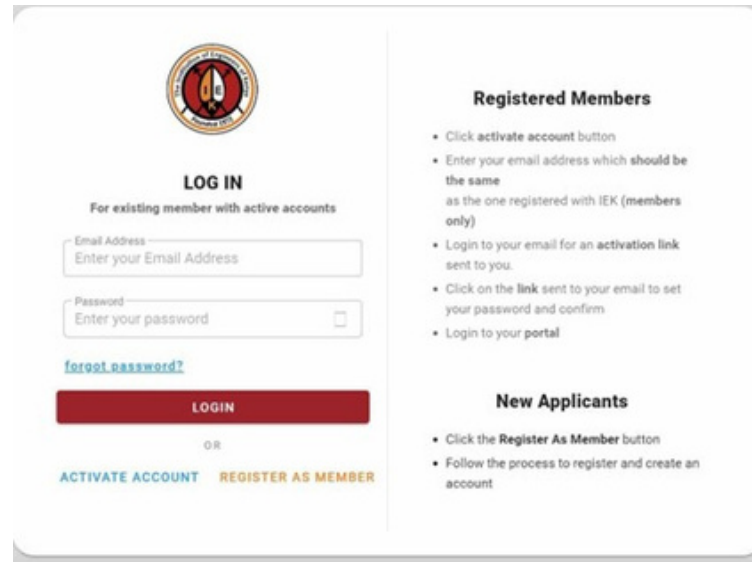
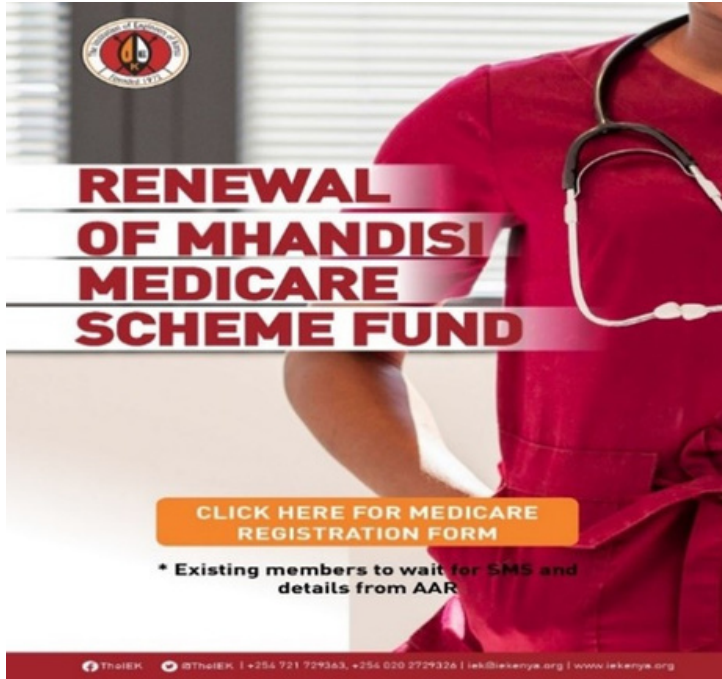
[www.redcross.or.ke](http://www.redcross.or.ke)



<https://t.me/KenyaRedCrossBot>



## IMPORTANT UPDATES



## RENEWAL OF MHANDISI MEDICARE SCHEME FUND

We extend an invitation for you to renew your Mhandisi Medicare Scheme Fund.

**The Medicare Registration Form can be accessed [here](#).**

Please be advised that existing members should anticipate receiving a detailed SMS with pertinent information from AAR.

Your prompt attention to the renewal process ensures uninterrupted access to the comprehensive healthcare benefits provided by Mhandisi Medicare Scheme Fund.

Thank you for your continued trust and participation in our healthcare program

## NEW MEMBERSHIP PORTAL

The new integrated IEK membership management system offers convenience, accessibility, and improved services for you our valued members. **Members are encouraged to update their details by clicking [here](#) to activate their portals and access services on the go.**

By activating your portal, you can among others access:

- Digital membership [application](#)
- Streamlined events registration
- Instant receipts and invoices
- Streamlined CPD tracking

**Kindly take note that we are no longer accepting manual applications as we are 100% paperless.**

## IMPORTANT UPDATES



### IEK RETIRED ENGINEERS' FEE REMISSION POLICY

The Institution of Engineers of Kenya (IEK) acknowledges the significant contributions of its members throughout their careers. Recognizing the transition into retirement, IEK has established a tailored fee remission structure for retired engineers.



Full Waiver of the Annual Subscription Fees For Members Aged **70+**

**CLICK HERE TO VIEW THE POLICY AND APPLICATION FORM**

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## IEK RETIRED ENGINEERS' FEE REMISSION POLICY

At IEK, we deeply appreciate the invaluable contributions of our members throughout their careers. To honor their transition into retirement, we have developed a special fee remission structure specifically for retired engineers.

Click [here](#) to view the policy and application form.

## IMPORTANT UPDATES



### ENGINEERING IN KENYA MAGAZINE

The 23rd issue of the Engineering in Kenya Magazine is out. The theme for this Edition is "Food Engineering".

[Click here to get your copy.](#)

### MEMBERSHIP SUBSCRIPTION

We would like to thank our members for their continued support and commitment to the Institution. Remember you can renew your annual subscription by making your payment today through:

- Mpesa pay bill number 976295 Account number- Your Invoice Number.

By cheque in favor of the Institution of Engineers of Kenya (Personal cheques not acceptable). **We are always happy to assist!**

### IEK MERCHANDISE

Don't be left out!

Get your IEK branded merchandise delivered to your doorstep by making your payment to MPESA **Pay Bill number: 976295**

**Account number: Merch**

**Hoodie: Ksh 2500**

**T-shirts: Ksh 1500**

**Caps: Ksh 1000**





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Yours faithfully,  
Eng. Jacton Mwembe, PE, MIEK  
Honorary Secretary  
The Institution of Engineers of Kenya

# HILTI